

ST MARY & ST PETER
NEWSLETTER

September 2023



Cover Picture: *Untitled* (Summer 2003). Reproduced by kind permission of Andrew Stacey.

CHURCH SERVICES

3rd September Trinity XIII & St Mary's Patronal Festival

9.30am at St Peter's - All-age Worship

6.30pm at St Mary's - Festival Holy Communion followed by celebratory 'cheese & wine'

6th September Wednesday -

7.30pm at St Peter's - Taize service

9th September Saturday -

3.00pm St Peter's churchyard - Forest Church

10th September Fourteenth Sunday after Trinity

9.30am at St Peter's - Holy Communion

17th September Fifteenth Sunday after Trinity

9.30am at St Mary's - Holy Communion

24th September Sixteenth Sunday after Trinity

9.30am at St Mary's - Holy Communion

1st October Seventeenth Sunday after Trinity

9.30am at St Peter's - All-age Worship

6.00pm at St Mary's - Holy Communion

with The Revd Canon Tim Bull.
Refreshments (tea and cake) will be served beforehand

To check for other services and any alterations email
Red Heather Wilcox - RevHWilcox@outlook.com
(lwb.wb.gh.parishes@gmail.com)



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Deadline for submissions for the October edition: 15th September

Contact the editor via email: lwbnewsletter@gmail.com

Welcome to the September Newsletter.

As I write these words, summer 2023 is not quite over yet — some might say it barely got started at all — and the weather still hasn't decided whether it should be foggy, baking hot or wet'n'windy. Packing t-shirts and a duffle coat seems to be the best way to deal with it all.

As the days start to draw in, our thoughts inevitably turn to the year-end. You can tell that the year is waning when you start seeing ads for Bonfire Night and Operation Christmas Child—and Christmas is really here when the supermarkets are full of Easter eggs. I can't help feeling

we have lost touch with the round of the seasons somehow.

The Probus Club of Colchester are not the only ones publishing their winter-line-up of treats and activities on p.13: there are also fireworks to look forward to, a quiz or two and probably a lot else besides. Please let me have your advertising copy or poster in good time though if you want it included, since the magazine has to go off to the printer weeks in advance of when it drops on your doormats.

Steve Pollington,
Editor



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BACK TO SCHOOL

No sooner have schools broken up for their summer break, than the shops begin to advertise their 'Back to school range.' I remember in the good old days, when there was a Woolworths on every high street, always feeling somewhat frustrated as a child, that as the holidays began, we were constantly being reminded, that in no time at all, it would be time to go back to school. Not that school is a bad thing of course, just that holidays are pretty good and important too.

It seems that in life, in the constant drive that is all around us, to always be ready for the next big thing, we don't often seem to have time to enjoy the moment in which we are actually living, the present, our precious gift for today. September marks the beginning of the new academic year. For many it will be a time when they will be starting new ventures, perhaps a first day at nursery or primary school, making the move to High school, sixth form college or university. Whether you are a tiny tot, or a young adult, these are significant moments in all of our lives, and ones that shouldn't just be rushed by, in our quest to get to Harvest, Halloween, Remembrance Day, Advent and Christmas.

Whether we go to school or not, this season of 'Back to school' echoes through other arenas in life too. It is often a time in the church calendar when we find ourselves thinking about how we can encourage people to come back to church, as we enter a season of opportunities for inviting people to special festival events. Of course all are

welcome back to church at anytime of the year, but perhaps you might want to see what is happening in your local church this September and in the months ahead, and if you haven't been for a while, come and give it a go.

But as we enter a particularly busy time of year, a new academic year, and the myriad of festivals that the autumn and winter brings, perhaps we can spend a bit more time focused on the moment, on the present, rather than spending all our time rushing on to the next big thing. In the words of the Psalmist, words I often find myself clinging to, 'Be still and know that I am God.' Just be still, stop, and notice what is happening in the here and now and recognise the God who holds all things in his hands and make the most of each moment.

May God bless you

Heather



At Langham Community shop

WE NEED VOLUNTEERS for regular shifts, but also, just as importantly, we need stand ins to cover any holidays & gaps in the rota. You will never work alone & full training is given. Meet new people & learn lots of new skills, for just two & a half hours of your time! For further information & an informal chat Call our Volunteer CoOrdinator Cath Hine on 07825 952560

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Did you know that fast fashion companies generate more pollution than international aviation and shipping combined?

At St Helena, we believe in playing our part in transforming fashion by promoting sustainability, reducing waste, and supporting the local community. This September and October, discover the benefits of shopping for pre-loved and the importance of donating your unwanted fashion, giving it new life. We have 24 shops across the north east Essex region so why not drop in to grab yourself a bargain or shop with us online.

Your support means we can continue to provide vital care to local people and their families facing incurable illness and bereavement. Visit our website at www.sthelena.org.uk/fashion for more

information about the campaign and how you can get involved.

St Helena is also delighted to be opening **two new stores**, in Tudor Parade in **Jaywick** and on St Christopher Road in **Colchester**, this September. We are looking for a team of friendly, dedicated and passionate volunteers to help us continue to raise vital funds to care for the growing number patients and families in our local community who need access to our support and services.

If you're looking to meet new people, learn new skills and help make a difference then volunteering in our shops is the perfect role for you! No matter how much or little time you can give, your support is appreciated. You can find a full list of our volunteer vacancies at www.sthelena.org.uk/volunteer.

BOXTED HISTORY GROUP

Arsenic is known to most people as a lethal poison. What is less well-known is its usage in many other ways. For instance, it was used in small doses in Victorian times as a medicine for complaints such as neuralgia and skin disorders. Soap contained it and it was widely advertised under the heading Medicated Arsenic Complexion Soap. It was present in the dyes used in wallpaper production and children's clothing. It was even employed as an aphrodisiac. Arsenic was also fed to chickens to fatten them up, the dosage being administered until a month before the chickens were due to be killed. It was used in agriculture as a pesticide until it was replaced by DDT in the 1940's and it was not banned in America until the 1980's. It was manufactured on a huge scale, especially in Devon where one mine produced enough to kill 300 billion people.

It is in murders, however, that it is best known, being very effective and difficult to detect. The most prolific killer (as far as is known) was Mary Ann Cotton who murdered 21 people, including her own mother, 3 husbands and 11 children. Her

motive was to claim insurance money. She was arrested, found guilty and sentenced to hang. The most recent poisoner was Nasreen Shah who was imprisoned in 1953.

The most famous victim was Napoleon Bonaparte who claimed he was being poisoned by the British while held captive on Elba. It was argued that the dyes in the wallpaper were the source of his illness but some believe that a dosage was being administered by his doctor. Neil Dickenson talked to the Boxted History Group about *The Toxic Legacy of Arsenic*. The group meets on the third Wednesday of the month in the Village hall at 8.00pm.

NEXT MEETING:

The next meeting will be on 20th September at 8.00 pm in the village hall. All are welcome.

For information phone 231047

Alan Ladbroke

GROUP VISIT — Harwich Museum

On 21st June the Group met at the new Harwich Museum in the historic fortified dock and port. Exhibits in the collection on

display include some flint handaxes, Bronze Age tools and a few Roman items, but the focus of interest is firmly on the town's post-medieval reputation as the birthplace of the ship *Mayflower* which took the Pilgrim Fathers to the New World in the 16th century and on the role the town played in welcoming the *Kindertransport*—mainly Jewish refugee children escaping the persecution of Nazi Germany.

The old *Sealink* ferry crossing to Hook of Holland is represented by ship models and photographs and - more surprisingly—the nearby Dovercourt Caravan Park where the *Hi-De—Hi* TV show was filmed (as we knew from previous talks given to the group by a cast member).

A walking tour of the historic central area included the house of Christopher Jones who was the master of the

Mayflower, some beautiful Tudor and later houses in the backstreets, the medieval church which suffered extensive remodelling in Victorian times and the famous *Electric Cinema*, which is still in use (and our visit coincided with a screening already in progress —whoops!).

The Museum— located in the port area and opposite Harwich Town railway station —is the project of a local businessman who is trying to raise the profile of the town. We enjoyed light refreshments in the *Lighthouse Tea Bar* and were tempted by the quaint pub *The Alma* which has a good reputation for local beers and seafood. The visit and tour filled a very pleasant couple of hours on a warm midsummer afternoon.

Steve Pollington

LANGHAM COMMUNITY CENTRE

To all loyal supporters of the **100 CLUB**, please note that **subscriptions are now due** for the new year beginning in September.

Membership for the year remains at £26 per number and can be paid by bank transfer to Langham Community Council, Sort code 20-22-67, Account no. 53053849, using your surname as a reference.

Alternatively, a cheque can be made payable to Langham Community Council and left in Carol's folder in Langham Community Shop. Please mark the reverse of the cheque with the holder's name and number(s). Thank you for your continued support.

We welcome new members. Please contact Carol Lloyd at langhamcc@gmail.com.

LANGHAM LADIES

On Sunday July 16th Langham Ladies members and their guests enjoyed a lovely garden party in Gill's garden. There was plenty of food and lots of cups of tea made. Thankfully the rain stayed away. Our August 10th meeting was a very interesting talk titled "*Rape: a short word but a long sentence*". This talk is done in two parts so we look forward to hearing the 2nd part next year. The speaker was Mary Newton a top forensic scientist, principal lead and expert on rape in the U.K. but now retired. She told us that the quicker a rape is reported, the better it is for police to take a specialist report from the victim. The oldest rape victim in an 81year old man and the youngest victim is a six week old baby. In research, different cases are looked at to see if they are linked in anyway. Rape was defined in U.K. law in 1956 but there have been changes since. 95000 women and 12000 men are raped in England and Wales every year but figures of rape on the elderly are not recorded

BOXTED W.I.

Meeting on the second Tuesday of each month 7.30 - 9.30 pm at Boxted Village Hall

The club welcomes anyone who would like to join in, even if just for an evening such as this with a small charge on the door.

nationally. Ninety per cent of rape victims know the perpetrator before the offence. The average time for a court case is two and a half years. This talk was very interesting and brought home what is happening in our world today.

Langham Ladies' next meeting is being held in Langham Community Centre on Thursday September 14th starting at 7.30pm. This meeting is an open meeting so non-members will be more than welcome to join us for a small fee £5 which includes refreshments, homemade cakes and tea and coffee. The speaker is Hannah telling us about the **History of Perrywood**. All keen gardeners will find this very interesting so please come along

Langham Ladies gives you the chance to come and meet new friends, hear good speakers and enjoy a social time with refreshments included.

Ladies - you do not have to be living in Langham to be able to join us.

If any lady would like to get to know your fellow village ladies a little bit more or even just to join in the fun or enjoy some company you know where we are, just come along! *We urge you to give us a try*, we have a varied programme of activities throughout the year and guarantee plenty of laughs.

SESAW NEWS

“Oh no, it’s that time of the year again” Mum groaned as she cleared another swarm of flying ants off the table. Presumably these annoying insects have their place in Nature, preferably not in the kitchen!

All living creatures are welcome at SESA W, whatever their traits. We see a variety of personalities, particularly in dogs, from quiet couch potatoes to adventurous daredevils. Most settle in new loving homes, occasionally one bounces back and becomes a permanent resident.

Such was Bobby, a delightful, mischievous terrier, completely unfazed by deafness. Unfortunately, he hated being alone and came back to us after causing much damage in the short time his new owner was out. He was an exceptional character and seemed to be Houdini in canine form. If someone exclaimed “How did he get out?” you knew Bobby was up to his old tricks again. The fences were all made higher after a bemused householder in the next village phoned about a strange dog waiting for dinner in her kitchen!

At the age of seventeen years, Bobby has made his last great escape and our lives are the poorer for it.



Meanwhile we have Nico, a big, boisterous lad waiting for an experienced home with no small children. He is strong and bouncy, loves attention, long walks and swimming in lakes. He will make a fantastic dog with patience, kindness and on-going training. Please leave a message or send an email if he is the dog for you.

I’m off to find Mum who needs some extra love and attention from a little dog like me,

Kenny (the Boss) Chihuahua!

Suffolk & Essex Small Animal Welfare, Registered Charity No.1124029, Stoke Road, Leavenheath, CO6 4PP. Tel: 01787 210888, email: info@sesaw.co.uk

BOXTED HISTORY GROUP

Meeting every third Wednesday of the month at Boxted Village Hall.

7.30 for 8pm.

Guests always welcome.



Boxted Bingo

Boxted Village Hall
Every other Tuesday
3pm - 5pm
£8 per session
(Includes 4 games of bingo)

For more information
Call Dot on 01206 272676

BOXTED CARPET BOWLS CLUB

Come and join us for a friendly, enjoyable afternoon playing bowls at **Boxted Village Hall** **Fridays 2pm - 4pm**
Any information contact Chris Lawrence 01206 272654.

chris-lawrence@hotmail.co.uk

2nd Langham Scout Group

Meetings are held each Wednesday evening at the Community Centre.

Beavers: 5.00 to 6.15 pm. **Cubs:** 6.15 to 7.30 pm. **Scouts:** 7.30 to 9.00 pm.

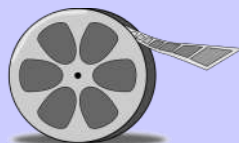
Contact Group Scout Leader, Denise Hobday 01206 230918.

LANGHAM LADIES

Any ladies wishing to join the group or to come along as a guest, please telephone Gill Brown on 01206 273286.

LANGHAM FILM NIGHTS

For details of films and screening times and to book tickets, go to www.langhamcommunitycentre.org.uk/next-cinema-screening/



Crafty Ladies

Meet on first Wednesday of each month throughout the year, 10.00 am to 3.00 pm at the Community Centre. Subscription £26 due March and September. Contact Chrissy Todd tel. 07742 131454.

Carpet Bowls Club

Meet every Tuesday afternoon from 2.00 to 4.00 pm at the Community Centre.

Contact Cliff Jones on 07922 156545 or Mervyn Bushe on 01206 230209.

The Art and Craft Club meet on the **third** Wednesday of each month, 2-4pm at Boxted Village Hall. All welcome - *come and join in!*



The advertisement for 'Beer and the Bible' is set against a light blue background. On the left, a cartoon waiter in a white shirt and green striped apron holds a tray with a tall glass of beer. Next to him is a cartoon sheep. A speech bubble from the sheep contains the text 'at the Shepherd & Dog Langham'. To the right, the words 'Beer and the Bible' are written in a large, stylized, black cursive font. Below the illustration, the text reads: 'Every second Monday of the month from 8pm All welcome'.

The Zone for 6-11 year olds 5.30pm-7pm and the **Edge** for 12-18 year olds 7.30pm-9.00pm. Fortnightly during term time. Contact Dominic Sheil 01206 273324

Charity Craft Fair



Sunday 15th October, 10-4pm

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BOXTED EVERGREENS

Our Club meets in the village hall every four weeks from 2.00pm to 3.30pm.

Anyone wishing to come along would be given a warm welcome.

Our members are always asked for their suggestions before our yearly entertainment programme is arranged, so we do try our best to cater for everyone.



If you would like more information about our club please call **Linda** on **01206 272710**.

BOXTED BOWLS CLUB

Now playing Friday 15th
September 2023 2pm - 4pm

Do come and join the friendly players, gentle exercise always a warm welcome.

Contact **Lorna Johnson**

01206 272002

In the **King's Birthday Honours** this year, **Robin Budenberg CBE**, of Boxted House, was appointed Knight Bachelor for services to the economy. Robin has been Chair and First Commissioner of the Crown Estate since 2016 and is Chair of Lloyds Banking Group.

PROBUS CLUB OF COLCHESTER

13th September *Essex Which Trials* speaker John Worland

27th September FELLOWSHIP lunch with partners No speaker

11th October *Bridges of France Through the Ages* Speaker Chris and Lois Pertee

25th October PRESIDENTS LUNCH with partners at Colne Valley Golf Club

Probus club meetings when we have speakers commence promptly at 10.30 am. Lunch meetings commence at 12:30 am. Our club membership is open to Ladies and Gentlemen. If you desire to know more about our club then please contact Bob Cash on T: 01206 523422 or E: jr.cash@ntlworld.com

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Have you spotted the road signs?

Sadly we get Hedgehog road casualties in our village. As they are nocturnal, this makes them vulnerable. So we have put up signs to remind drivers to take care and look out for them.

Boxted Wildlife

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IN BOXTED VILLAGE HALL

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[WILLOWS@FEDHAM@GMAIL.COM](mailto:willows@fedham@gmail.com)
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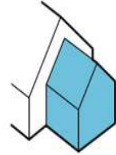
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The best thing you'll do this week (and that's a promise.)

Tired of dull weekdays? Want to try something new, learn new skills and meet a whole new group of friends?

2nd Langham Scouts have been providing Scouting in the local area on a Wednesday evening for over 60 years and we have recently restarted our meetings face-to-face.

We currently have space in Beavers, Cubs and Scouts and would also welcome any adults who would love to get involved!

For more information, or to book a space, please either email enquiries@2ndlanghamscouts.org or contact us via our website.

www.2ndlanghamscouts.org



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Are you elderly, vulnerable or otherwise in need of help, and live in the Parish of Langham with Boxted? We are a group of local Volunteers who can assist:

- with transport to an important appointment, including Hospital, Dentist or Flu/Covid Booster
- with collection of items such as prescriptions
- or make a friendly visit just for a bit of company.

Call so that we can help you, Monday to Friday, 8am to 7pm

Monday.....230525 or 272773

Tuesday.....271813 or 273195

Wednesday....272755 or 272013

**Thursday.....07842 034489 or
323007 or 07765 037892**

Friday..... 07510 504026

Please telephone either number shown for the **DAY ON WHICH YOU MAKE YOUR CALL** (not the day of your appointment). If there is no reply, please do not leave a message but **RING ANY OTHER NUMBER**.

This scheme is associated with the Churches of ST Mary's Langham and St Peter's Boxted

Any queries, ring the Organiser Arabella Brentnall, 01206 272013

**THE PARISH OF LANGHAM
WITH BOXTED**

Contact Details

Websites

Boxted – www.achurchnearyou.com/church/6458

Langham – www.achurchnearyou.com/church/6697

Rector Heather Wilcox

01206 240906/07503151715

RevHWilcox@outlook.com

Please contact the Rector with any enquiries

Church Office available by appointment

Mon-Fri: 10am - 12pm

Associate Priest Revd Anne Mason

07895 970834 revdannemason@gmail.com

Lay Minister Denise Hobday 230918

Church Administrator (for the parishes of
Langham with Boxted, West Bergholt and Great
Horkesley Donna Luxton 243683

Email: lwb.wb.gh.parishes@gmail.com

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Stephen Garner 272599

Sgarner.22@btinternet.com

Denise Hobday 230918

hobdaylangham@hotmail.com

St Peter's Boxted

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Zone Youth Group

Dominic & Linda Shiel 273324

The Edge Youth Group

Dominic & Linda Shiel 273324

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BOXTED VILLAGE HALL

Cage Lane, Boxted, CO4 5RE

Contact

Debbie Eley

Telephone:- 01206 870266

Email:- boxted@community-centre.org.uk

Home to a number of local clubs and regular activities, it is also available for hire for parties and functions, with a capacity of 120 seated in rows or 100 seated at tables.

If you have any new clubs or events planned in the future, please consider using the village hall as your venue.

**Deadline for submissions for the
October edition:**

15th September

Contact the editor via email:

lwbnewsletter@gmail.com

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