

ST MARY & ST PETER  
NEWSLETTER

July 2023



## CHURCH SERVICES

### 2nd July Trinity IV

9.30am at St Peter's - All-age Worship

6.30pm at St Mary's - Holy Communion

### 8th July

3.00pm at St Peter's churchyard - Forest Church

### 9th July Trinity V

9.30am at St Peter's - Holy Communion

### 16th July Trinity VI

9.30am at St Mary's - Holy Communion

4.00pm at St Peter's - Tea Time Family Service

### 23rd July Trinity VII

9.30am at St Mary's - Holy Communion

### 30th July Trinity VIII

10.30am at St Andrew's, Wormingford  
Six Parishes service of Holy Communion followed by Six Parishes lunch

### 6th August Transfiguration of Our Lord

9.30am at St Peter's - All-age Worship

6.30pm at St Mary's - Holy Communion

### 12th August

3.00pm at St Peter's churchyard - Forest Church

### 13th August Trinity X

9.30am at St Peter's - Holy Communion

### 20th August Trinity XI

9.30am at St Mary's - Holy Communion

4.00pm at St Peter's - Tea Time Family Service

### 27th August Trinity XII -

9.30am at St Mary's - Holy Communion

### 3rd September Trinity XIII & St Mary's Patronal Festival

9.30am at St Peter's - All-age Worship

6.30pm at St Mary's - Festival Holy Communion followed by celebratory 'cheese & wine'

*(service details subject to amendment)*

To check for other services and any alterations email

Rev Heather Wilcox - RevHWilcox@outlook.com

(lwb.wb.gh.parishes@gmail.com)



**Deadline for submissions for the September edition: 15th August**

**Contact the editor via email: [lwbnewsletter@gmail.com](mailto:lwbnewsletter@gmail.com)**

## Welcome to the July Newsletter.

The cover picture this month was kindly supplied, as usual, by Andrew Stacey and was taken 20 years ago in Langham. For me, it summarises the midsummer period nicely: blazing sunshine, ripening crops, cool and shady vegetation. Revd Heather has something to say about the delights of the summer holidays in these pages.

Having just returned myself from a week by the sea in Devon, I am still filled with memories of cream teas, ice creams on the Esplanade and steam-train rides—I know this makes it sound as if I am about seven years old, but in fact I still enjoy these innocent

pleasures. My holiday was based around a visit to Agatha Christie's house near Kingswear, now a National Trust property, and attending a stage play based on her novel 'The Hollow'.

The passing of the years brings about change, but a lot of this is superficial—a trip down the river on a warm afternoon is as much fun now as it was when Agatha Christie was still in a gymslip. *Plus ça change ...*

The Newsletter will return in September, slightly tanned and overweight due to the cream teas.

*Steve Pollington,*  
Editor



**CALOR** **CALOR GAS BOTTLES**  
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**DJW Agricultural Services**  
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**Servicing and Repairing**  
**Mowers, Strimmers,**  
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**Power Tools and Hand Tools**  
**Diesel Petrol or Electric**

The advertisement features a collection of CALOR gas bottles in various sizes and colors (red, blue, green) on the left. On the right, there are images of a green riding mower and a yellow excavator. The text is arranged in a structured layout with a green background for the main service name and a yellow background for the contact information and equipment types.

## Summer Holidays

**I**t is that time of year when, for many of us, our minds turn to summer holidays. Whether we are escaping to far flung places and the promise of hours of uninterrupted sunshine, sweltering temperatures, and beautiful beaches, or opting to take our chances with the British weather, staying in this country, whilst also being assured that wherever we go we are blessed with a beautiful country with plenty to see and to learn about. For me and the family this year it is a holiday in Northumberland that we are looking forward to.

Wherever we are heading to this summer, there is something about having a rhythm in life, that balance between the time to work and the time to rest, a time for refreshment, a time to step back from the frenetic every day activity of our lives, to see something new, to be absorbed in a different way of being.

For some of us a holiday is all about stopping, laying for hours on the beach or by a pool, reading a book, or simply soaking up the sun with the occasional swim to cool down. Others might think that sounds like some sort of torture, they might see a holiday is an opportunity to learn something new, to discover new places, the first thing they do on arriving is to find the pile of leaflets that tell them about all the places just waiting to be visited. Whichever group we are in, or where we sit between the two extremes, simply being away from our normal environment, soaking up something new, is a holiday, it is a break, it

is a rest ... as long as we remember to switch off the works mobile and set the out of office email message.

**T**he rhythm of work and rest, is at the heart of our faith as Christians, when God created the world, for 6 days he laboured, and on the 7<sup>th</sup> day he called a sabbath rest. A time to rest and enjoy the fruits of his labours and an instruction for us to do the same. To take those moments, where we can to stop and to rest. And so, if you are fortunate enough this summer to be going away on holiday, I hope you enjoy your break away, I hope there is time for refreshment, and time for learning something new and that it provides you with a chance to stop and rest and to simply be.

May God bless you

*Heather*

**Holistic Life Coaching**  
with  
**Jacqueline**

[www.holisticcoachessex.co.uk](http://www.holisticcoachessex.co.uk)  
Tel: 07702 850882  
Boxted



**SAVE the DATE:**

**Langham Fireworks Display Sat 4th November**

**with Live Music, Food Vans, Bar, Children's Rides**



**At Langham Community Shop**

WE NEED VOLUNTEERS for regular shifts, but also, just as importantly, we need stand ins to cover any holidays & gaps in the rota. You will never work alone & full training is given. Meet new people & learn lots of new skills, for just two & a half hours of your time! For further information & an informal chat Call our Volunteer CoOrdinator Cath Hine on 07825 952560

*100 Club Draw*

The **May** winners are:

- 1st 93. Liz Durlacher
- 2nd 78 Sam White
- 3rd. 26. Simon Gallop
- 4th. 28. Ian Hollands

Carol Lloyd  
*Commercial and Marketing  
Manager*  
Langham Community Centre  
School Road, Langham  
Colchester CO4 5PA

# Essex, Suffolk & Norfolk Pylons Action

*Did you know* that National Grid still wants to put 50-metre high pylons through our parish?

The pylons are planned between Norwich and Tilbury, across Norfolk, Suffolk and Essex. They call the project 'East Anglia GREEN'. It is not green! Birds die in

strikes with power lines and trees, hedges and woodlands will have to be torn up to make way for the metal monstrosities.

Our campaign is for an integrated offshore grid instead of pylons. A study by National Grid ESO has shown that an offshore grid for the East of England would save £2bn. It would reduce overall infrastructure by 50%, thus being better for the environment. And it would save communities and countryside like ours, while also preventing bird deaths from power line strikes and huge habitat loss along the route.

*What can YOU do about it?*

Keep up to date with the campaign against the pylons by



visiting [www.pylonseastanglia.co.uk](http://www.pylonseastanglia.co.uk).

Go to CONTACT and sign-up to receive emails about this fast-moving campaign

Please sign the petition while you are there!

Email your MP and say we need an offshore grid

Help us to save East Anglia's countryside, big skies and heritage. Go to [www.pylonseastanglia.co.uk](http://www.pylonseastanglia.co.uk) NOW! Email [pylons@mail.com](mailto:pylons@mail.com) with questions.

*Thank you!*

*On behalf of Essex, Suffolk Norfolk Pylons action group.*

## LANGHAM LADIES

The speaker for June **Langham Ladies** meeting was Marianne Brame talking about *Silver and Gemstones*. It was a very informative talk which all the members thoroughly enjoyed. In Thailand the Thai Hill Tribe Silver is very renowned, the United Kingdom introduced silversmithing to Thailand passing to them expert advice and introducing the tools to use. **German Silver** does not come from Germany and doesn't contain any Silver. **French Jet** doesn't contain any jet, it is black glass **Alpaca Silver** also is not Silver. Very interesting information when purchasing Silver abroad. All Gemstones are made from something that was once living. True **Jet** that is fossilised wood was worn a lot by Queen Victoria after the death of her husband Albert, it then became very popular but also very expensive. **Amber** is fossilised tree resin and comes in many colours. To test if it is real amber drop it in a bowl of water, if it sinks it is a stone but if it floats it is

usually amber. Felixstowe beach is a place where amber can be found. Amethyst can change its colour when it has been heated. It is recommended to wear your **Pearls** quite often as the oils from the skin helps preserve them. If they are left in a box too long they can dry out. As the above information shows it was a very interesting talk.

July meeting is a garden party in Gill's garden on Sunday 16th. All members are very welcome and can bring one guest for a small charge £5. Can you please let Gill know if you are coming as we need to know numbers for catering. There will be no meeting in the community centre in July.

Langham Ladies gives you the chance to come and meet new friends, hear good speakers and enjoy a social time with refreshments included.

*Ladies - you do not have to be living in Langham to be able to join us.*

## BOXTED W.I.

Meeting on the second Tuesday of each month 7.30 - 9.30 pm at Boxted Village Hall

The club welcomes anyone who would like to join in, even if just for an evening such as this with a small charge on the door.

If any lady would like to get to know your fellow village ladies a little bit more or even just to join in the fun or enjoy some company you know where we are, just come along! *We urge you to give us a try*, we have a varied programme of activities throughout the year and guarantee plenty of laughs.

## BOXTED HISTORY GROUP

**T**n the turbulent times of the Wars of the Roses the Howard family was living at Stoke by Nayland. One of them, John Howard, became one of the most influential men in England.—he also became one of the wealthiest, a remarkable achievement for someone who came from a relatively modest background. He lived in Tendring Hall, which he inherited when he married Catherine at the age of sixteen. No portrait of John has survived, just an etching in glass in Tendring Hall chapel but there is a plate commemorating Catherine in the church at Stoke By Nayland.

Being the cousin of the Yorkist Duke of Gloucester (later Richard the Third) it was perhaps inevitable the John would support the House of York. In this he was unswerving and he was rewarded handsomely by being given manors and titles. After the fall of King Henry the Sixth (a Lancastrian) the new king Edward the Fourth gave him a prominent position in ship-building because of his experience in ship construction, thus laying the foundations of the English navy. He had ships built at Harwich and some of his own vessels

were frequently requisitioned at the king's command.

John was always loyal to the Yorkist dynasty and he was a careful and efficient administrator. While he was influential at court and had homes in London, he remained very much a local man. He acquired manors (in which he maintained staff) and titles, one of them being the Duke of Norfolk. Melanie Isted talked to the History Group about the Howard family.

### NEXT MEETING:

The next meeting will be on 19th July at 8.00 pm in the village hall when Christopher Wren will talk about medieval coinage. All are welcome.

For information phone 231047

*Alan Ladbrooke*

## ANN BARNARD

*We heard at the end of May that Ann had had a fall which required urgent medical attention. She has been a long-standing supporter of the magazine and is heavily involved in its distribution. We hope that she will have made a good recovery by the time this issue goes to print*



# SESAW NEWS

We had perfect weather for lazing in the sun last month but a chap can't relax with all that tweeting going on. Not the volunteers, they don't have time to look at their mobile phones! I was worried about a little bird constantly calling until Mum told me to leave it alone.



Apparently, it is normal for a fledgling to spend time on the ground whilst learning to fly. If you see one, observe it discreetly, return it to the nest or place it on a branch away from predators. If it is injured, call the nearest wild life rescue otherwise wait for the parents who may be nearby waiting to feed it.

I also saw bees in the garden which prompted one of the girls to say: a swarm in May is worth a load of hay, in June it's worth a silver spoon but July is not worth a fly!

Hay was on the menu for the many rabbits we have, including two and a half year old sisters, Millie and Billie. They have been with us for a long time because they had territorial issues on arrival. Since moving into larger accommodation they have become more sociable and like to 'help' on cleaning out days! They are very fond of each other and sit together, watching the world go by.

If you are looking for a new pet please visit us, 10am-1pm, Thursday to Sunday. Animals bring so much joy to families and those living alone. Some even rule the roost like me— Kenny (the Boss) Chihuahua!

Suffolk & Essex Small Animal Welfare, Registered Charity No.1124029, Stoke Road, Leavenheath, CO6 4PP. Tel: 01787 210888, email: [info@sesaw.co.uk](mailto:info@sesaw.co.uk) website: [www.sesaw.co.uk](http://www.sesaw.co.uk)

## BOXTED BOWLS CLUB

**SUMMER BREAK.** NO weekly carpet bowls

Recommencing playing Friday 15th September 2023 2pm - 4pm

*Do come and join the friendly players, gentle exercise always a warm welcome, Contact Lorna Johnson 01206 272002*

## BOXTED HISTORY GROUP

Meeting every third Wednesday of the month at Boxted Village Hall.

7.30 for 8pm.

Guests always welcome.



**Boxted Bingo**

Boxted Village Hall  
Every other Tuesday  
3pm - 5pm  
£8 per session  
(Includes 4 games of bingo)

For more information  
Call Dot on 01206 272676

## BOXTED CARPET BOWLS CLUB

Come and join us for a friendly, enjoyable afternoon playing bowls at **Boxted Village Hall** **Fridays 2pm - 4pm**  
Any information contact Chris Lawrence 01206 272654.

*chris-lawrence@hotmail.co.uk*

## 2<sup>nd</sup> Langham Scout Group

Meetings are held each Wednesday evening at the Community Centre.

**Beavers:** 5.00 to 6.15 pm. **Cubs:** 6.15 to 7.30 pm. **Scouts:** 7.30 to 9.00 pm.

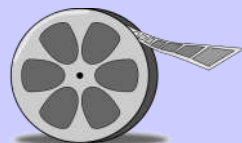
Contact Group Scout Leader, Denise Hobday 01206 230918.

## LANGHAM LADIES

Any ladies wishing to join the group or to come along as a guest, please telephone Gill Brown on 01206 273286.

## LANGHAM FILM NIGHTS

For details of films and screening times and to book tickets, go to [www.langhamcommunitycentre.org.uk/next-cinema-screening/](http://www.langhamcommunitycentre.org.uk/next-cinema-screening/)



## Crafty Ladies

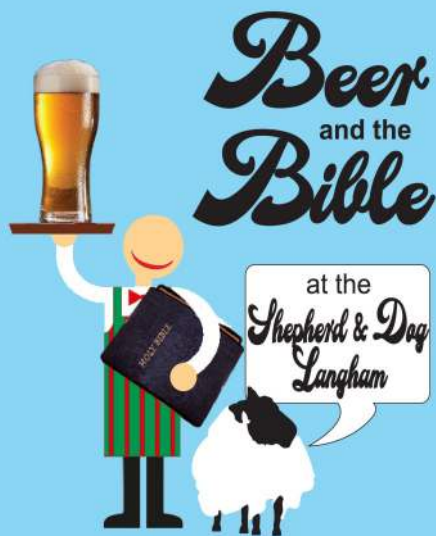
Meet on first Wednesday of each month throughout the year, 10.00 am to 3.00 pm at the Community Centre. Subscription £26 due March and September. Contact Chrissy Todd tel. 07742 131454.

## Carpet Bowls Club

Meet every Tuesday afternoon from 2.00 to 4.00 pm at the Community Centre.

Contact Cliff Jones on 07922 156545 or Mervyn Bushe on 01206 230209.

The Art and Craft Club meet on the **third** Wednesday of each month, 2-4pm at Boxted Village Hall. All welcome - *come and join in!*



Every second Monday of the month  
from 8pm  
All welcome

**The Zone** for 6-11 year olds 5.30pm-7pm and the **Edge** for 12-18 year olds 7.30pm-9.00pm. Fortnightly during term time. Contact Dominic Sheil 01206 273324

The fun and easy way to give back to St Helena Hospice!

Did you know you can play the lottery in aid of your local hospice? It's a fun and easy way of supporting St Helena Hospice, whilst giving you the chance to win big!

You can play Your Hospice Lottery to support St Helena Hospice for only £1 per play, giving you the chance to win 217 guaranteed cash prizes up to £1,000 every week, plus a rollover that, if not won, rolls over to a maximum of £25,000!

With 1 in 344 tickets entered into the draw winning a prize, the odds are definitely in your favour!

People play the lottery for St Helena for many different reasons; whether as a fun way to support their local hospice, in memory of a loved one who was cared for, or of course to win some money!

A new Your Hospice Lottery player said: "My mum won £1,000 a couple years ago, so I thought I might be lucky too and wanted to give it a go. I also know where my money is going, so that made me want to support as well."

Around 7 in 10 of the people supported by St Helena Hospice are funded through the local community giving donations, buying in St Helena shops, paying for care from Radfield Home Care in support of St Helena, leaving gifts in Wills and playing Your Hospice Lottery.

# St Helena

By playing Your Hospice Lottery in aid of St Helena Hospice, you will be helping ensure more local people receive the end of life care and bereavement support they need, when they need it.

Visit [www.sthelena.org.uk/lottery](http://www.sthelena.org.uk/lottery) to find out more and sign up to play.

Tel: 01206 646 184 | [www.sthelena.org.uk](http://www.sthelena.org.uk)  
St Helena, Unit 6 The Atrium, Phoenix Square, Wyncolls Road, Colchester, CO4 9AS



**Summer Strawberry  
Tea Concert**

At St Peter's Church, Boxted  
Sunday July 9th  
4:00pm - 6:00pm

Music By Boxted Methodist Silver Band  
Strawberry Teas Available  
Please Bring Blanket or Chair

Free To Enjoy - Donations Welcome

The poster features a bright blue background with a large yellow sun at the top. Below the sun, the text 'Summer Strawberry Tea Concert' is written in a white, stylized font. The event details, including the location 'At St Peter's Church, Boxted', the date 'Sunday July 9th', and the time '4:00pm - 6:00pm', are listed in a white, sans-serif font. Below this, the text 'Music By Boxted Methodist Silver Band', 'Strawberry Teas Available', and 'Please Bring Blanket or Chair' is written in a white, sans-serif font. At the bottom, the text 'Free To Enjoy - Donations Welcome' is written in a white, sans-serif font. The poster is decorated with illustrations of strawberries and musical notes.

## Langham Parish Council Report – March 2023

It has been a busy Spring!

On 29th April we hosted a well-attended meeting led by the **Essex Suffolk Norfolk Pylons Action Group**. Their campaign logic for a coordinated offshore 'ringmain', in preference to piecemeal incremental upgrades of the existing point-to-point pylon networks, is very powerful indeed. It will only succeed, however, if the local population gets involved and demonstrates sufficient 'people power' to influence current Government Policy. So please do take a look at the Pylon Group's advert elsewhere in this month's magazine and consider signing up for regular email updates from them.

6th May was **Coronation Day** and Langham celebrated with an Afternoon Tea Dance in the Community Centre followed by an evening 'Street Party' on the Recreation Ground. A big thank you to the sponsors and the teams of volunteers who designed the event, booked the excellent live entertainment, organised the food & drink suppliers, assembled the marquees, and helped run the events on the day. These sorts of community events are only viable with a healthy number of volunteers to spread the workload, in order not to overload a small number of overworked individuals. So, we really do need to expand the current pool of helpers to underpin

future such events, starting with the **2023 Fireworks Event** which has now been confirmed for Saturday 4th November. Watch this space for an imminent recruitment drive!

The expanded **Children's Play Area** was opened to the public shortly before Coronation Day. An official Opening Ceremony will be held in due course, in the presence of our largest funding provider, Enover, and (perhaps of more interest to the children) an Ice Cream van too...

Anglian Water have recently provided us with an update on their **upgrade plans for the Langham WRC**. As predicted at our last public meeting with them in November 2022, their originally proposed capacity upgrade from 420 cubic metres/day to 500 cubic metres/day has proved insufficient. Their new plan (agreed with the Environment Agency) is for an upgrade to 540 cubic metres/day, which may also push delivery timescales further back into 2025. Based on this update, Anglian Water have now committed to provide a bespoke response to all planning applications within the Langham WRC catchment area, which describes this situation. We hope that this should help protect the village from any further significant housing development until the completion of the upgrade project or at a minimum we would expect any significant new planning approval to be dependent on upgraded capacity being

provided. Turning to **housing developments** that have already been approved, developer contributions are now beginning to flow more regularly into the village from these. Recent Unilateral Undertaking payments have funded the Cabin at the Shop. S106 payments associated with the Vistry Homes development have funded part of the Play Area upgrade, and further funding is now in the process of being

released for various improvements to the Langham Community Centre.

The installation of a mobile speed display unit on Wick Road has been hampered by the discovery of shallow gravel soakaway channels along the proposed installation site. A revised base unit design is now being investigated to address this. It will hopefully resolve the problem soon and allow installation to proceed.

## From Councillor Lewis Barber

**Y**ou may be aware that a feasibility study has been commissioned by Essex Highway on **improved equestrian, pedestrian and cycle infrastructure** between Boxted/Langham and Mile End. This followed requests to improve connectivity between these areas. The cost for the total works would be just over £1m. Myself and the Parish Councils are considering how to best raise awareness of the proposals and receive comments. This is before we work to get the money or not. Please email me on [cllr.lewis.barber@essex.gov.uk](mailto:cllr.lewis.barber@essex.gov.uk) or call 07876237137 for a copy.

In my previous update earlier this year, I explained that we were waiting for Essex Highways to provide us with their

report on **road safety and traffic management** in Boxted, Langham and Dedham, backed up by £12,000 of funding. Unfortunately, the report fell short of expectation, with only limited improvements proposed (village gateways at two locations). It also failed to take into account a holistic approach by not referencing Boxted or Langham, as intended. This is, in my view, not good enough. I will be working with the Parish Councils and Essex Highways to ensure that this important matter is addressed.

You may have seen my update on Facebook and if you subscribe to my community messages that we are unlikely to see **Severalls Lane Bridge** open for another 2 years. Please contact me for the full details on this, due to word count here, but I share the strong frustrations.

In positive news, there is progress on my Digigo campaign. You may recall from my last update that this is an on-demand and **electric bus service**. This has been popular and successful in trial areas elsewhere in Essex. I am pleased that the Local Highways Panel has approved funding of up to £20,000 to prepare the extensive copying study. This study is necessary to determine location, cost, frequency etc of the service. It will then be used for funding bids and to get the service running.

**E**CC's Community Initiatives Fund is now open. This is a £350,000 fund to support community projects. There is also the Government funded Rural Prosperity Fund, which is administered by Colchester Council, that has now launched. If you are interested in either of these funds, please do get in touch for more details.

I have voted to increase the Highways budget by an additional £12m this year. Government has then given us a further £5m in support. Please get in touch with any Highways issues and I will do my best to get the money to help.

There is also a planned **road closure** on Boxted Road in Mile End **from 31st July to 25th September**. This is for the construction of a signalised junction. There will also be traffic lights **from 3rd July to 30th July**. I have asked for the diversion route, such as access through United Way, to be reviewed to minimise disruption on the villages in the area.

*Please contact me if you wish to subscribe to my community messages.*

## Have you spotted the road signs?



Sadly we get Hedgehog road casualties in our village. As they are nocturnal, this makes them vulnerable. So we have put up signs to remind drivers to take care and look out for them.



**Boxted Wildlife**



## Boxted Wildlife Update

Hello all, it has been a while since we have written an update and just like that it is now July and summer is finally here. The Wildlife group have been busy in these last few months. In April we had a talk and presentation from the 'Hedgehog Haven Essex', a local charity that cares for hedgehogs in need and also distributes advice and assistance. This talk was part of the group's Help 4 Hogs campaign, of which you may have seen posters, leaflets and social media posts. Particularly you might have noticed a few small hedgehog road signs placed at strategic points throughout the village where there have been an unfortunate number of Hog road deaths. The main message of our campaign is that hedgehogs are in dire need of our help as they are rapidly in decline, but with just a little bit of effort there is a lot we

can do for them. Please see our leaflets and social media page for more information ([facebook.com/BoxtedWildlife](https://www.facebook.com/BoxtedWildlife)).

At the end of April, we held a **litter pick and clean-up day** prior to the King's Coronation. This was a fantastic morning and in just a short space of time we made a quite a noticeable difference to the central areas of the village, particularly with cleaning of road signs. Thank you to all those whom attended and volunteered their time. Then at the coronation event the group had stalls of activities for children's and adults to engage with the Hedgehog project. It was very encouraging to see the interest and enthusiasm for our prickly friends.

The **village green** continues to progress, and is now in it's second year of management by the Wildlife group. We have had several meetings at the green to plant some new flowers and maintain some of the wild flower areas. The wildflower areas are beginning to establish well and it is hoped that with ongoing management they will begin to outgrow the grasses that occupy much of those areas at present.

Earlier in the year swathes of bulbs around the edges of the green provided a fantastic display of colour, although most of these have now died back to their dormant state until next year. One of the bird boxes installed by the group last Autumn is in use by a family of Blue Tits and we continue to monitor the other boxes. The lawn areas of the green continue to be cut to keep it accessible and pleasant for people to walk





around or picnic on and enjoy the green, we do this ourselves to ensure it is done to the standard that we expect and will be aiming to mow it once a month, or more regularly when required. We hope the replacement circular bench for the centre of the green will be installed soon, but this is beyond the control of the group.

Renewed interest in the maintenance of the parish's **Public Rights of Way** (PRoW / footpaths) has arisen following the success of the Boxted 10k race event. Boxted Wildlife worked with the Boxted Runners' volunteers to maintain the paths needed for the race. The benefits of this work are for everyone to enjoy as those footpaths are now more accessible to all, without the risk of brambles or stinging nettles causing discomfort for walkers. The Parish Council is engaging in the P3 Scheme (Parish Paths

Partnership) whereby we can take more control of the monitoring and maintenance of our paths, with assistance from Essex Highways (who are ultimately responsible for them). To that end, if anyone is interested in being a part of a monitoring team (regularly walk around the village and report issues), or interested in being a part of future work parties (perhaps 1 per quarter, to address highlighted issues) then please get in touch with me on *Cllr.Jon.Hunt@Boxted-pc.gov.uk*

The **July group meeting** will be on Tuesday the 18th of July, meeting at 7:30pm in the new meeting room on the side of the Hub/ Sports Pavilion, anyone interested in the group is welcome to attend to find out more or volunteer ideas or time!



# Boxted Wildlife

WORKING TO CREATE A  
WILDLIFE FRIENDLY VILLAGE.

## VILLAGE WALKS

MEET AT THE VILLAGE HALL  
10:00 AM

**SAT 22ND JULY**  
**SAT 19TH AUG**  
**SAT 16TH SEPT**  
**SAT 21ST OCT**  
**SAT 18TH NOV**

**APPROX' 5KM/3MI CIRCULAR ROUTES ON FOOTPATHS MOSTLY.  
WEAR SUITABLE CLOTHING AND FOOTWEAR FOR THE WEATHER  
CONDITIONS.**

 [www.facebook.com/BoxtedWildlife](https://www.facebook.com/BoxtedWildlife)  [BoxtedWildlife@gmail.com](mailto:BoxtedWildlife@gmail.com)

## PENCIL ART GROUP

IN BOXTED VILLAGE HALL

PLEASE CONTACT KAREN AT  
[WILLOWS@FEDHAM@GMAIL.COM](mailto:willows@fedham@gmail.com)  
IF YOU WOULD LIKE TO JOIN THE GROUP.

## Dance to fitness

### Fun Latin dance class

Boxted Village Hall



Thursdays 9.45 am

## PILATES

A multi-level Pilates class suitable for all levels of ability

Thursdays 10.30am - For info call Jo - 07887518031

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[www.bondphs.com](http://www.bondphs.com)

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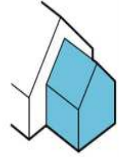
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