

ST MARY & ST PETER
NEWSLETTER

November 2021



CHURCH SERVICES

Tuesday 2nd November - *All Souls Day*

8.00pm at St Peter's - Commemoration of the departed

7th November - 9.30am at St Mary's - All-age Eucharist *Rev'd Ian Hilton*

Thursday 11th November - **7.30pm** at St Andrew's, Wormingford—Service of Licensing and Installation of Rev'd Heather Wilcox

14th November - *Remembrance Sunday*

9.30am at St Mary's - Service of Remembrance

10.30am at St Peter's - Service of Remembrance with the Silver Band

21st November - **11.00am** at All Saints, Great Horkesley—Welcoming service for **Rev'd Heather Wilcox** followed by lunch at St Mary's, West Bergholt

(please contact Church Administrator as below)

4.00pm at St Peter's - Tea Time Family Worship

28th November - *Advent Sunday*

9.30am at St Peter's - the Eucharist *Rev'd Heather Wilcox*

5th December - **9.30** at St Peter's - All-age worship with Baptism

12th December - **9.30** at St Mary's - the Eucharist *Rev'd Heather Wilcox*

‡

Email Jo Russell, Church Administrator, for the Zoom link (wb.wb.gb.parishes@gmail.com)

A recording of each service will be on the website on Sunday afternoon:

<https://lb-churches.co.uk/streamed-services/>

‡

All services are subject to change depending on relaxation of Covid measures. In addition, there is Morning Prayer via Zoom at 9.00 am each Tuesday

‡

Both St Mary's Langham and St Peter's Boxted are now open for private prayer.

‡

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Deadline for submissions for the December edition: 15th November

Contact the editor via email: lwbnewsletter@gmail.com

Welcome to the November Newsletter.

In case you were in any doubt, the Yuletide is approaching us fast this year and with it the panto season (*oh no it isn't! oh yes it is!*). We can look forward to a locally-themed *Jack and the Beanstalk* which sounds intriguing. You'll find details in these pages. Plus — a *Christmas Fayre* and several community markets have already been announced too.

Which reminds me: it would be useful to have a summary of upcoming events in the district—I have

been reminded by Keith Middleton that this used to be the case in the previous incarnation of the Newsletter.

Please let me know. The notice should include contact details for the group/club/society putting it on so that potential supporters can find out more.

Let me have details and I will include as many as I can—submissions by 15th of the previous month please.

Steve Pollington, Editor

The Friends of St Peter's Boxted and Care of the Churchyard

St Peter's must be the oldest and most significant historic building in Boxted. However, its churchyard is in urgent need of additional care and attention

The **Friends of St Peter's** ('the Friends') is a registered charity, separate from both the Parish Church Council and the Chelmsford Diocese, whose main objective is to help fund the maintenance of the Grade 1 Listed church building and its churchyard.

The Parish Church Council has recently approved a detailed plan to provide the urgent care and attention to the churchyard and the Friends have agreed to both co ordinate the necessary work and to organise funding for it.

The plan aims to retain the character of an English country churchyard whilst both better managing the vegetation growth and increasing bio-diversity and includes:

- removing the encroaching vegetation from some gravestones and the east and west boundary brick walls
- replanting the derelict hedge on the north boundary adjacent to the Essex Way path with a new hedge comprising native species plants

- migrating much of the grassed area to a properly managed bio-diverse native wildflower area

- improving the surface and edging of the main path

Some of the work will need to be done by professional contractors. but most will hopefully be done by volunteers. The Friends hope to recruit a pool of volunteers who are prepared to donate some of their time by joining occasional working parties, probably monthly for two or three hours on Saturday mornings. Appropriate refreshments will be provided. Volunteers need only bring their enthusiasm and the sole commitment will be to join in working parties when they are available. Care will be taken to ensure that the working parties will be well organised so that no one's time is wasted

If you would like to join in this community activity then **please contact Dominic Sheil** email dom@poplargy.co.uk or call 07748305727 or **Stephen Whybrow** email stephenwhybrow@msn.com or call/text 07801749575

The Joy of Hospitality

On Sunday, 19th September, Boxted Church welcomed back our more contemporary church service in person inside the church for the first time since February 2020, and we were back to old times with the sharing of a meal after the service. I can't tell you how much joy this brought me to see everybody eating socially together, reinforcing the need for hospitality in our lives.

Offering and sharing food and drink with others, reinforces community, deepens our relationships and drives out isolation and loneliness – feeling loved and cared for is what we all need in our lives.

Kenny's SESAW News

At last people! Lots of them, painting, weeding, chatting and laughing. It was good to welcome a big work party from Axa Insurance last month. They tackled many jobs that have fallen by the wayside since Covid 19. We send them a big thank you and hope they were as glad to see us as we were to see them.

It was a particularly cold day when the humans came in for steaming hot cuppas and biscuits. My canine pals and I studied every crumb being quietly consumed until someone broke the silence with “Why don't dogs blink?”

During the service, we had a vote as to what we should call the service and the name ‘*Teatime Family Worship*’ won. At 4pm on the third Sunday every month, at Boxted Church families, couples, singles are all welcome, with live worship, activities and occasional speakers. And just as importantly sharing a meal with one another.

Our November meeting is **Sunday, 21st November at 4pm at St Peter's Church Boxted**, which will be a special Shoebox packing party.

1 Peter 4: 8-9 “*Above all, love each other deeply, because love covers over a multitude of sins. Offer hospitality to one another without grumbling.*”

Claire Arculus

Haha, fooled you! We do blink, but the long soulful-stare guilt-trips most people into sharing a tasty treat. Apparently our meaningful looks stem from the way our ancestors, the wolves, communicated with each other.

SESAW volunteers are attending two festive events in November. Jeanette is back with her Terrific Tombola, 10-4pm on Saturday **13th at Bridge Farm Barns, Monks Eleigh, IP7 7AY**. Sheila will have another classy selection of gifts at the **Long Melford Christmas Community Market**, 10-1pm on **Thursday 25th at the Old School, CO10 9DX**. Both ladies take great care with presentation and value for money so please call in if you are able.

Suffolk & Essex Small Animal Welfare, Registered Charity No.1124029, Stoke Road, Leavenheath, CO6 4PP. Tel: 01787 210888 www.sesaw.co.uk



CHRISTMAS FAYRE

SUNDAY 14TH NOVEMBER

BOXTED VILLAGE HALL, CAGE LANE,
BOXTED, CO4 5RE
1:00 - 4:00 PM



ENTRY 50P PER PERSON
INCLUDES RAFFLE PLUS SMALL BUSINESS
STALLS
REFRESHMENTS AVAILABLE

RAISING MONEY FOR COPPAFEEL

BOXTED HISTORY GROUP

The group's winter programme of talks resumed in September when Janette Robinson told members about the remarkable life of Flora Sandes. Her father was a vicar in Suffolk and she enjoyed an affluent upbringing, allowing her to indulge in many activities more usually enjoyed by men including racing her sports car at Brooklands.

When WWI began she took up nursing with the Red Cross but regulations at the time prevented her serving abroad. Not to be deterred, she joined the Serbian army (an ally) with a number of like-minded ladies

and began her career in a Serbian hospital.

When Serbia was invaded, she joined the Army Ambulance Service, becoming the only western woman to see active service including combat. She was promoted to the rank of corporal, but later seriously wounded and hospitalised, subsequently decorated and promoted again firstly to sergeant major and later to officer—becoming the first woman to be put in charge of men.

After the war, she returned to Orford but found life difficult as a civilian woman. Eventually she married a retired Russian officer and moved to Paris, then Belgrade. When Germany invaded in 1942, she returned once more to Orford and died in Ipswich hospital in 1952.

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The Group's next meeting will be on **Wednesday 17th November** in **Boxted Village Hall** at 7.30 for 8.00 when a talk on the *History of Trinity House* will be given by Karl Lumbers.

Guests are always welcome.

Keith Middleton, Chairman

Remembrance Services

Places and times are as follows.

Langham

9.30am St Marys Church, Langham

10.45 am Village memorial, School Road, Langham

11.40am American monument, Park Lane, Langham

Boxted

10.40am. St Peters Church with Boxted Silver band attending

September/October 2021

The last few weeks have seen two changes to Parish Council personnel. Tony Ellis took his well-earned retirement at the end of August after many years of service for the Council. Although Tony had a number of roles on the Council his major contribution was as Chairman of the planning committee. Over the years he successfully navigated his way through the complexities of the planning system and the loss of his vast experience and contact base will present a challenge to Council moving forward. His dry sense of humour and the attention to grammatical detail will also be missed. John Palmer was co-opted on to the Council at our 6th October meeting. This follows on from his valuable recent volunteer work on the Village Survey Working Group. Our Recreation Ground Committee has overseen some significant remedial work over recent weeks. Our current Play Area contractor, Wicksteed, has completed some

necessary repairs to the floor matting and edging around a number of items of equipment, so as to minimise potential tripping hazards. These repairs represent an interim measure only, pending current planning for a more substantial upgrade of the entire Play Area. We are looking to modernise and improve the facilities available and also introduce some new equipment which will appeal to older children. A major programme of hedge trimming and ditch clearance has recently been completed. The Village Sign at Pond Corner had also been earmarked for renovation and it was taken down in mid-October to be sent away for restoration and re-painting.

The Parish Council is continuing to monitor the current pause in the major Vistry Homes (formerly Linden Homes) development on School Road. Planning Condition 21, regarding adequate waste water treatment facilities at Langham WRC, remains the major sticking point. The Environment Agency have recently written to the Council (and also to Sir

Bernard Jenkin) with an update. Further information can be found on the Parish Council website (under Notice Board\Wistry Homes Current Situation).

Following on from the Village Facilities Survey, a Volunteers' Meeting was held at the LCC on 23rd September to discuss the restoration and development of future village events and the need for a new generation of volunteers to help make this happen. A further useful meeting was held with LCC Trustees on 4th October. Thanks to the efforts of a small volunteer leader team, it is now hoped that

some detailed implementation plans can soon be drawn up for a Platinum Jubilee Celebration Event in early June next year. It is also our firm intention to re-instate the much-missed Langham Bonfire Night Event in November 2022.



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BOXTED BAND'S STAR BILLING IN LONDON

Boxted Methodist Silver Band made such an impression when it played at **Methodist Central Hall** in Westminster on Sunday 26th September that it has been asked to make a return visit next year. The Band – the country's only surviving **Methodist Silver Band** – provided music for hymns during the morning service at what is regarded by many as the “cathedral” of Methodism in this country. After the service the Band gave a concert. This was the fourth major public performance by the 30-strong band since the lifting of Covid-19

restrictions, following two successful concerts in July and August in **Colchester Castle Park** and one outside **Boxted Village Hall**. Further bookings at different venues have been received up to Christmas and into next year.

This is not the first time members have played at an impressive location. Two years ago the Band played in the Queen's private chapel at **Windsor Castle**. The last two years have been challenging for the Band, but it has emerged from the pandemic with a slight increase in the number of players. Members continued to meet



informally by zoom on the usual Wednesday practice night and, when regulations allowed, met at **Langham Community Centre** with covers on their instruments and sitting at a distance from one another.



Colchester Methodist Circuit shut **Boxted Methodist Chapel** in July 2019, and the Band became homeless when the School Room was sold. But the Band was determined to play on, retaining the word *Methodist* in its name. However, because of Covid-19, practice evenings have been few and those that could be held took place at Langham with strict compliance requirements. Its core value is still that of “playing to the glory of God” which has been the Band’s motto throughout its 123-year existence. Its repertoire is more than just that for Christian worship, and a wide range of music is played. The prospect of the Band leaving Boxted then became a possibility, although the hope always was that a new home could be found in the

village – and that hope has been fulfilled thanks to the generosity of **Fillpots Garden Centre** where the Band has commenced its regular Wednesday evening rehearsals in the setting of the glazed roof café, prompting some to comment that they are probably the only band in the country that plays in a glass house!

The Band is grateful to the owner of Fillpots, Mr Richard Brann, for making the premises available, thus ensuring the Band remains in Boxted.

With its new home in Boxted, and a membership which has remained united despite being made homeless, the Band’s future looks promising, with further bookings for the rest of this year and into next year having been confirmed.

We are fast approaching this year's OCC Shoebox Collection Week and below is some more information about this year's effort to share God's love with millions of boys and girls around the world.

Pre-printed boxes are now available from the Community shop in Langham, priced at 50p each.

COLLECTION WEEK DROP OFF LOCATION AND TIMES

Filled shoeboxes lovingly packed can be dropped off at the below location and times:

Sunday 14th November - 9 - 9.30am and 10.30 to 11am - St Peter's Church Boxted

Monday 15th November - 9 - 11 am - Langham Community Centre Carpark

Thursday 18th November - 9.30 to 11.30 am - Langham Community Centre Natter & Chatter

Friday 19th November - 8.45 to 10.45am Open Cafe, Boxted Village Hall

Sunday 21st November - 2 - 6 pm- St Peter's Church Boxted

Monday 22nd November - 9 - 11 am - Langham Community Centre Carpark

Alternatively they can be dropped off to 1 Pegasus Way, Colchester, CO4 0QG between 10am and 4pm each day.

LANGHAM WITH BOXTED CHURCH YOUTH GROUP HOSTS PARTY TO PREPARE GIFTS OF HOPE TO SEND TO CHILDREN IN NEED AROUND THE WORLD

Sunday 21st November 2021, more than 40 empty shoe boxes will be transformed into gifts of love and hope as part of the church youth packing party.



The party, held at St Peter's Church on Sunday 21st November between 2 and 5 pm is open to the public, and anyone is welcome to experience the joy of giving.

Fun toys, school supplies and hygiene items for the event can be donated to use in the event via donation boxes found in both St Mary's Langham and St Peter's Boxted Church or choose a label from our giving trees in both churches for ideas of specific items we can use. Alternatively a monetary donation can be made to <https://www.justgiving.com/fundraising/occlwb2021> to help with transportation costs.

In addition to packing shoebox gifts, the event will feature a short Shoebox Blessing Service at 4.30pm sharing the impact of the boxes which are being packed and the great joy this spreads to the recipients. Tea / coffee and cake will be available throughout the afternoon.

For more information on how to participate in **Operation Christmas Child**, contact Tim Clarke on 07792060597 or by email at timclarkie03@gmail.com, or visit samaritans-purse.org.uk/occ.

Those who prefer the convenience of online shopping can browse shoebonline.org.uk to select gifts matched to a child's specific age and gender, then finish packing the virtual shoebox by adding a photo and personal note of encouragement.

Thank you one again on behalf of the children who will receive shoebox gifts this year. You'll bring a big smile to a child's face, and let them know that they are loved and not forgotten.

Councillor Lewis Barber

It has been an enjoyable first few months as your county councillor, working on the issues that matter to you. I wish to set out some of these. If you would like to get in touch on any of the below or any other matter, my contact details are at the end.

In the election, I promised that I would tackle road safety. Road safety, alongside wider traffic issues, are one of the top reasons I am contacted. That is why I have been working with Borough Councillor Nigel Chapman and the Parish Council to identify the challenges and find the appropriate solutions to improve road safety and traffic management. In **Boxted**, we have agreed to complete several traffic surveys to gauge exactly the key locations that need tackling. These are a Highways requirement before proposing solutions. These surveys will give us 24/7 information on road usage, speed and type of vehicle so that we can most effectively come up with the correct solutions.

In **Langham**, the Parish Council will be completing their village wide survey and I look forward to discussing the results with them and moving to the next steps. There will be improvements to the size and frequency of 30 mph speed limit repeater signs down Wick Lane that will be implemented by Essex Highways shortly. However, it is recognised that there are wider issues that need addressing.

It is also a determination of mine that Parish Councils work together to address wider traffic issues, such as 'rat runs' and the work being completed in both villages will help us draw up a Highways Plan to do so.

The delays with the opening of Trinity School's permanent site and the general admissions policy is a concern for many. It is a priority of mine to ensure that this permanent site is open at the earliest opportunity so that we can adequately match the demand for local school places. I am working with stakeholders to ensure this is the case and to assure concerns about secondary school places more widely.

In **Boxted**, I know that parking outside of the primary school is an issue for many, both in the village and for parents. I recently arranged a meeting on site to see the challenges first-hand and to discuss how we can improve the situation. This is difficult but we will be putting out a separate note soon to the village and parents to gauge views on possible solutions. The school is working positively with us to find a solution and it has recently opened up the parking in the school gates to help ease the parking.

The bridge on **Severalls Lane** over the A12 is the responsibility of Highways England (which is separate from Essex County Council) and so I have been pushing

it for further information and timescales to fully open the bridge. The last update I received was that Highways England was awaiting test and survey results on the bridge. This was some time ago now and I have been promised an update, at the time of writing this article, within the next week or so. In similar fashion, I am still awaiting plans from Essex Highways for Boxted Bridge. But I, alongside other interested parties, have held meetings with the design team to express our and the communities' views on the bridge. I will share an update as soon as I have one.

In more positive news, I have secured the resources for **Langham Lane** to be repaired from 24th November to 26th November. This will involve road closures. I am trying to secure extra resources to extend these repairs to Severalls Lane and Langham Road too. The High Street in Langham will also be closed from 22nd November to 24th November for repairs. I continue to work to get a fair deal for our rural highway network. Please do get in touch if you know of any defects.

Finally, a passion of mine is improving public transport and active travel opportunities for rural communities. Essex County Council has launched its **Bus Back Better** strategy and I am keen to hear from the communities any thoughts about how to improve the bus strategy. If you use the buses currently,

what could be done better? If you do not, what would need to change so that you would use them? Please do let me know so I can ensure these are incorporated into the strategy. I am also keen that rural communities get their fair share of investment into active travel infrastructure, such as improving footpaths. Essex County Council has funding to draw up a rural active travel plan so any ideas you have please do also let me know. One area that I am already working on is the access to Northern Gateway area from Boxted and Langham as opposed to having to use Severalls Lane. Colchester Borough Council and Essex County Council both acknowledge this needs to improve and we are arranging a funding agreement to begin doing so.

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If you have any questions or comments on the above, or any other matter, I can be contacted on cllr.lewis.barber@essex.gov.uk

I also have a facebook page I update regularly on (Cllr Lewis Barber)- please do give it a like. I also send out email updates, which you can subscribe on by emailing me with 'subscribe'.



Crafty Ladies

Have resumed, to meet on first Wednesday of each month throughout the year, 10.00 am to 3.00 pm at the Community Centre. Subscription £26 due March and September. Contact Chrissy Todd tel. 07742 131454.

Carpet Bowls Club

Meet every Tuesday afternoon from 3.00 to 5.00 pm at the Community Centre.

Contact Cliff Jones on 07922 156545 or Mervyn Bushe on 01206 230209.

After an enforced gap in 2020, the **Boxted Amateur Players** are pleased to return with an original and locally themed interpretation of the classic *'Jack and the Beanstalk'* story. Rehearsals began in September and the team have been working together (and sometimes apart) preparing some traditional entertainment for the local community.

There is an afternoon and evening performance on **Saturday 27 November**, and



Melford Christmas Community Market

**The Old School,
The Green, Long Melford.
Thursday 25th November
10am – 1pm
Free entry**

LAST MARKET BEFORE CHRISTMAS

Cakes, cards, art, crafts, chutneys, jewellery, handmade cushions, baby clothes, and **SESAW** with their Xmas stall

Contact Rosey on 07711 242481 to book a table
Refreshments by Melford WI

tickets are available online from buytickets.at/boxtedevents



**BOXTED AMATEUR PLAYERS
PRESENT**

JACK AND THE BOXTED BEANSTALK

**BOXTED VILLAGE HALL
SATURDAY 27 NOVEMBER
4PM & 7PM**

tickets buytickets.at/boxtedevents
£7 adult
£4 children (16 and under)

Could YOU be a Bloodrunner?

The **Essex Voluntary Blood Service** – or *Essex*

Bloodrunners for short— is a charity providing medical courier services to the NHS and our local Air Ambulances. We are one of 30 such organisations in the UK.

From the NHS Blood Bank at Basildon, our unpaid volunteers deliver blood and blood products to A&E Hospitals in Essex and East London; deliver samples for analysis to a NHS Lab in North London, and via Princess Alexandra Hospital in Harlow, supply blood to the Air Ambulances at Earls Colne and North Weald every night. Amongst many other tasks we also courier breast milk from donors to the Hearts Milk Bank and Addenbrooke's Hospital.

We operate every weekday night, and day and night shifts at weekends and Bank Holidays. Our enhanced support to Hospitals during the Covid-19 pandemic has also introduced a weekday daytime shift. We now need more members. You choose in advance the days and shifts you work. We are looking for reliable and responsible men and women from all backgrounds, employed or retired, with a



motorcycle, car or van, a mobile phone and internet access. You will receive training, documentation, full support and a hi-ziv uniform jacket.

You will work alone on a delivery run with a typical

round-trip distance from home of between 60 and possibly over 120 miles, and be the face of Essex Bloodrunners to the public and NHS staff. The work is not glamorous; can be tiring; you may work

unsocial hours in all weathers and you will add thousands of miles to your vehicle. You are unpaid and cover all your own expenses... *so not much going for it really!*

However, rather like being a First Aider or Blood Donor, this is one

of the very few ways that an ordinary member of the public can help **save a life**.

Most of you reading this piece will think "*sounds good, but not for me*", which we quite understand, but just one of you may wish to enquire further. If so, see our website at:

EssexVoluntaryBloodService.com



Jim the postman's round has been changed and he is no longer delivering to Boxted. Jim, known as "the singing postman", says he will miss the round and all the people he has met. He has seen babies born and grow up, people come and go and thoroughly enjoyed the last 18 years serving the village.

LANGHAM LADIES

It was so nice to see so many existing members return and also some new ladies to the first meeting of the group since lockdown which was an illustrated talk by Paula Short on the *Life and Loves of Coco Chanel*.

From humble origins she rose to being one of the most famous fashion designers and her perfume ranges are still worn by millions today.

She was mourned on her death in 1971 by the many famous politicians, film stars etc. that she had encountered not only in her business life but also her personal life which made for a very interesting talk.

Any ladies wishing to join the group or coming along as a guest, please **telephone Gill Brown on 01206 273286.**

Boxted Parish Council Report – October 2021

Although Covid had struck the households of some of our councillors we had enough councillors to have a quorate meeting which was also attended by our Colchester Ward Councillor, Nigel Chapman and some members of the public.

Of particular concern is that Colchester Borough Council Amphora Homes have said they plan to develop on what we know locally as the garage site (behind Cross Cottages) but Amphora are not yet sharing any detail in what they are proposing to do. It is possible that space given over for allotments will be removed and this led to some discussion of the possible requirement for allotments by use by residents. If you have any ideas or suggestions, please do get in touch.



We have been notified that the planned 5G telecoms mast on the Essex County Council verge on the edge of the Village Green has been initially refused by Colchester Borough Council. We are hoping to engage with the surveyors to find a more suitable site that meets the technical criteria but is better located visually.

There are several blocked road gullies along Straight Road which we think contribute to the localised road flooding, which is not helped when water can't run into ditches easily. If there is a ditch alongside your property, you are probably responsible for keeping it clear of debris and vegetation. In the

meantime, we keep reporting the blocked gullies to Essex Highways.

The Council did agree to fund an additional dog waste bin and collection service and ask for it to be located at the Workhouse Hill end of the Harwich Lines public footpath.

The roads seem to be getting busier and speeding is a concern of residents. We may fund some monitoring exercises to get a baseline data set of evidence on volume and speed of traffic coming through the village.

The Council voted to install additional play equipment of the Recreation Ground. We will publish what we think might be popular on the Council facebook page.

Don't forget if you want to get in touch with the Council, please drop an email to boxtedparishcouncil@gmail.com and follow the facebook page titled **Boxted Parish Council**.



11 - 18 YEAR OLDS : FRIDAYS 7.30pm - 9.00pm
(fortnightly during term time)

St Peter's Church, Church Road, Boxted

The Zone for 6-11 year olds

5.30pm-7pm and the **Edge** for 12-18 year olds 7.30pm-9.00pm.

Fortnightly during term time.

Contact Dominic Sheil 01206

273324



CONSTRUCTION OF NEW FULL-FIBRE BROADBAND NETWORK IN LANGHAM NEARING COMPLETION

Residents and businesses are set to receive some of the fastest and most reliable broadband speeds in the UK as work to build a new full-fibre broadband network in the village enters the final stages.

Much of the village currently only has access to Superfast broadband which, even though it is often promoted as 'fibre', relies on copper cables which reduce speed and performance.

Hyperfast full-fibre delivers fibre cables directly into the home with download and uploads speeds of up to 1,000Mbps.

County Broadband, a specialist rural provider, is building the new networks in dozens of villages across the

county. Speeds over 10 times faster than the UK average will be available.

The East of England full-fibre broadband provider, funded by a multi-million-pound private investment from Aviva Investors, has confirmed that Langham has met the sign-up target required to give the green light to start construction.

Residents can still order a full-fibre broadband connection by calling 01376 562002 or by visiting www.countybroadband.co.uk.

James Salmon, from County Broadband, said: "Your broadband may be fine for now, but it won't be able to keep up in a few years' time as Superfast networks can't get any faster or more reliable.

"That's why we're building full-fibre infrastructure to future-proof the village. No other providers currently plan to offer this service so make sure you place a pre-order."

Boxted Runners was founded by Vanessa Dolling in June 2017, with a clear vision to be the friendliest, most

encouraging and supportive running club for everyone in north Essex / Suffolk. The aim was to inspire people who haven't run before to come along, give it a go and join in our running community too.

The club has grown from strength to strength since launch and in the first 18 months saw the numbers on our weekly sessions exceed 30 plus runners.

The key value is to be able always to offer a club for everyone, all abilities, non-judgemental, a place where anyone can come along or just turn up and feel very much part of our friendly and supportive running community.

In December 2017, just 6 months after the first club meet, Boxted Runners were extremely proud to announce the formation of the club committee resulting in its club affiliation with England Athletics.

Boxted Runners is a huge part of the village and surrounding areas now and has a total of nine qualified Leadership in Running Fitness (LiRF) and a Coach in Running Fitness (CiRF) Coaches which have made a huge difference in helping and motivating members to develop and achieve their running goals.



Boxted Runners currently have three or four training sessions a week:

- Tuesday Evening @ 7:30pm (At Highwoods Tesco)
- Thursday morning @ 9:00am (At Boxted Village Hall)
- Thursday Evenings @ 7:00pm (At Boxted Village Hall – **Summer only**)
- Sunday morning @ 8:00am (At Boxted Village Hall)

These sessions deliver a variety of training types to help members with specific running training requirements. Boxted Runners are very sociable, aiming to make all sessions fun and inclusive of every single runner regardless of speed, age or ability!

Boxted Runners have lots of things planned for the future, offering members even more great reasons to be part of our running community.

The future is definitely bright and as our club grows our vision to be the friendliest, most encouraging and supportive running club for everyone continues.

www.boxtedrunners.co.uk

LOVE Langham

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for shopping & part of your daily exercise



Langham Community Shop

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8.45am to 1pm Saturday
9.30 to 11.30am Sunday



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Coast to Coast fresh fish

Every other Tuesday
3pm to 4pm



The Cheese & Pie Man

Every WEDNESDAY
8.30pm to 1.30pm



Post Office Thursday 12.30 to 4pm



Howe & Co Fish & Chips

Our friend Renu is here
Every FRIDAY
11am to 2pm

LANGHAM Community

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8.45am to 1pm, Saturday

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100 Club Draw

The first 100 club draw of the new year was made on the Random Number generator again. Thank you to all those that have joined and the lucky September winners are:

1. Liz Durlacher (93)
2. Bob Schofield (49)
3. Simon Gallup (26)
4. Cliff Jones (38)

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The *Art and Craft Club* has restarted, meeting once a month on the **third Wednesday** of each month, 2-4pm at **Boxted Village Hall**. All welcome - *come and join in!*

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Revised 13/04/2021. Organiser Arabella Brentnall, 01206 272013

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December edition:
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